# The Graying of Montana: Population Projections and Policy Planning

September 10-11, 2012 • Helena, Montana

# **RESOURCE LIST**

# **Presenters**

Robert Romasco **AARP**<a href="http://www.aarp.org/">http://www.aarp.org/</a>

Lt. Gov. John Bohlinger
Governor's Office
<a href="http://governor.mt.gov/">http://governor.mt.gov/</a>
<a href="http://governor.mt.gov/ltgov/">http://governor.mt.gov/ltgov/</a>

Doug Young, Myles Watts and George Haynes, MSU and Patrick Barkey, UM **Project 2030** 

http://www.montana.edu/extensionecon/project2030.pdf

Dan Bucks

Montana Department Of Revenue <a href="http://revenue.mt.gov/default.mcpx">http://revenue.mt.gov/default.mcpx</a>

Terry Johnson

Legislative Fiscal Analysts

http://leg.mt.gov/css/fiscal/default.asp

Linda Reed

Montana Community Foundation
http://www.mtcf.org/

Anna Whiting Sorrell

Montana Department of Health and Human Services

http://www.dphhs.mt.gov/

Cindy Hiner

Montana State Prison – Deer Lodge, Montana Department of Corrections http://cor.mt.gov/default.mcpx

Lori Brengle

Area Agency on Aging #1

http://www.agingcare.com/local/Montana-Office-on-Aging-Helena-Area-Agency-on-Aging-MT

Linda Torma

College of Nursing, Montana State University http://www.montana.edu/wwwnu/

# Kay Van Norman

# **Brilliant Aging**

http://www.kayvannorman.com/

http://www.brilliantaging.typepad.com/

#### Connie Bremner

# **Eagle Shield Center for Elders**

http://www.blackfeetnation.com/

# Dave Schulz

# **Madison County Commission**

http://madison.mt.gov/aboutus/

http://madison.mt.gov/departments/commissioners/comm.asp

# Jim Shepard

# **CTA Architects**

http://ctagroup.com/

#### Joe Foster

#### **Montana Veterans Affairs**

http://montanadma.org/Montana-veterans-affairs

# Cindra Stahl

# **Montana Area Health Education Center**

http://healthinfo.montana.edu/ahec.html

#### John Cech

# Two-Year & Community College Education, Office of the Commissioner of Higher Education

http://mus.edu/che/twoyear/default.asp

# Barbara Wagner

# **Montana Department of Labor & Industry**

http://dli.mt.gov/

Sen. Carol Williams, Sen. Jim Peterson, Rep. Walt McNutt, Rep. Margie McDonald

# **Montana Legislature**

http://leg.mt.gov/css/default.asp

#### **Sponsors**

# The Burton K. Wheeler Center

http://www.wheelercenter.org/

#### **One Montana**

http://www.onemontana.org/

# **AARP**

http://www.aarp.org/

# **Montana State University**

www.montana.edu

# **University of Montana**

http://www.umt.edu/

# **MSU Extension**

http://www.msuextension.org/

#### **AARP of Montana**

http://www.aarp.org/states/mt/

# **Greater Montana Foundation**

http://www.greatermontana.org/

# The Dennis & Phyllis Washington Foundation

http://www.dpwfoundation.org/

# **Area Agencies on Aging**

http://www.agingcare.com/

# **Informational Databases**

#### **CDC Center for Disease Control and Prevention**

An informational resource for specific health topics related to aging <a href="http://www.cdc.gov/aging/">http://www.cdc.gov/aging/</a>

# The Population Resource Center

Providing the demographic dimension for public policy <a href="http://www.prcdc.org/">http://www.prcdc.org/</a>

# **American Society on Aging**

Developing leadership, knowledge, and skills to address the challenges and opportunities of an aging population

http://www.asaging.org/

# The U.S. National Library of Medicine - Health Services Information Research Central on "Aging Population Issues"

An informational database with links to data, tools, organizations, and policy involving our aging population

http://www.nlm.nih.gov/hsrinfo/aging\_population\_issues.html

#### **State Health Facts - Montana**

Browse demographic and statistical data about health in Montana http://www.statehealthfacts.org/profileind.jsp?ind=35&cat=2&rgn=28

#### The Social Security Navigator

Links to Social Security resources and debates selected by researchers and editors at *The New York Times* 

http://topics.nytimes.com/top/reference/timestopics/subjects/s/social\_security\_us/index.html

# The Aging Initiative

The Environmental Protection Agency's resources concerning aging and the environment <a href="http://www.epa.gov/aging/basicinformation.htm">http://www.epa.gov/aging/basicinformation.htm</a>

#### **Documentaries**

#### The Silver Mirror

A documentary on new medical research and the projected economic and societal changes from our aging population

http://www.thesilvermirror.org/aging/home/

# **Presentations**

#### Montana Workforce Data and Future Trends

A 2011 presentation on future implications due to our aging state by the Montana Office of Rural Health/Area Health Education Center

http://www.mtha.org/mpdf/StateMTData%20and%20Future%20TrendsOutline%204%202011.pdf

# **Articles**

# Old Behind Bars - The Aging Prison Population

A 2012 report by the Humans Right Watch on the aging prison population's future <a href="http://www.hrw.org/reports/2012/01/27/old-behind-bars-0">http://www.hrw.org/reports/2012/01/27/old-behind-bars-0</a>

# A Graying Population - A Business Opportunity

A *New York Times* article on the aging population and an interactive projections table <a href="http://www.nytimes.com/2011/02/06/business/06aging.html?r=1">http://www.nytimes.com/2011/02/06/business/06aging.html?r=1</a>
<a href="http://www.nytimes.com/interactive/2011/02/04/business/aging-population.html">http://www.nytimes.com/interactive/2011/02/04/business/aging-population.html</a>

#### **What's Really Behind the Entitlement Crisis**

A *Wall Street Journal* article on the aging population contributing towards income disparity <a href="http://online.wsj.com/article/SB10001424052702303567704577518943787493580.html?mod=g">http://online.wsj.com/article/SB10001424052702303567704577518943787493580.html?mod=g</a> ooglenews\_wsj

#### **Nursing Offers A Healthy Employment Future**

With an aging population and the Affordable Healthcare Act, nurses are in high demand. http://www.npr.org/templates/story/story.php?storyId=122260438

# Flex Strategies to Attract, Engage, & Retain Older Workers

A study from the Boston College Sloan Center on Aging and Work for the promotion of a multigenerational workforce

http://www.bc.edu/content/dam/files/research sites/agingandwork/pdf/publications/flex case.pdf

# Multigenerational Living - A Trend on the Rise

Two articles from *Daily Finance* on the increasing trend of multigenerational living. <a href="http://www.dailyfinance.com/2012/07/09/recession-gift-multigenerational-households/">http://www.dailyfinance.com/2012/07/09/recession-gift-multigenerational-households/</a> <a href="http://www.dailyfinance.com/2011/12/22/the-family-plan-managing-life-in-a-multigenerational-household/">http://www.dailyfinance.com/2011/12/22/the-family-plan-managing-life-in-a-multigenerational-household/</a>

# **Design for Aging-American Association of Interior Designers**

Articles and links on the issues facing interior designers due to an aging U.S. population <a href="http://www.asid.org/designknowledge/aa/inplace/">http://www.asid.org/designknowledge/aa/inplace/</a> http://www.asid.org/designknowledge/aa/inplace/active/default.htm

# Aging Population Focused on Foods Preserving Health Now, Treat Conditions Later

Institute of Food Technologies research on consumer food trends for an aging population <a href="http://www.ift.org/newsroom/news-releases/2012/june/27/aging-population-focused-on-foods-to-preserve-health.aspx">http://www.ift.org/newsroom/news-releases/2012/june/27/aging-population-focused-on-foods-to-preserve-health.aspx</a>

http://www.ift.org/newsroom/news-releases/2012/march/30/aging-population.aspx

# Reports

# National Association of Area Agencies on Aging Public Priorities

N4A's public policy top public policy issues for 2011 and the future <a href="http://www.n4a.org/files/advocacy/campaigns/policy-priority-11.pdf">http://www.n4a.org/files/advocacy/campaigns/policy-priority-11.pdf</a>

# Securing Our Future—Diverse Elders Coalition Report 2012

Policies for advancing economic security for elderly minorities including Native Americans <a href="http://www.diverseelders.org/wp-">http://www.diverseelders.org/wp-</a>

content/uploads/2012/08/Diverse\_Elders\_Report\_2012\_FINAL.pdf

# A Guide to Assessing Senior Assisted Living in Your Community—State of Montana

This 2005 report addresses Montana's need for supportive infrastructure for the elderly http://housing.mt.gov/content/CP/docs/CPDocsAndRpts/cp05seniorhsg.pdf

# The Best Cities for Successful Aging

The Milken Institute's 2012 study on the most accommodating cities for an aging population can help inform Montana about what works in small cities across the U.S. <a href="http://successfulaging.milkeninstitute.org/best-cities-successful-aging.pdf">http://successfulaging.milkeninstitute.org/best-cities-successful-aging.pdf</a>

# **Montana State Plan on Aging**

The Department of Public Health and Human Services' State Plan addresses some of the issues and challenges Montana will face not only in the next four years, but also in the next 10 to 15 to 20 years.

http://www.dphhs.mt.gov/sltc/services/aging/StatePlanAging/StatePlanFinal2011.pdf

# **Other**

# "The Far Shore of Aging" On Being with Kristy Tippett

An *On Being* podcast with Jane Gross, creator of *The New York Times* Blog "The New Old Age," about dealing with the aging process in your family.

http://www.onbeing.org/program/far-shore-aging/255

http://newoldage.blogs.nytimes.com/